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Your essential daily news | MONDAY, NOVEMBER 2, 2015

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Trudeau's cabinet

The hopefuls, the likelies, the power players and a few long-shots



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ROAD INCIDENTS

14 killed in vehicle collisions

The RCMP had the harrowing task of telling the next-of-kin of 14 people someone they love was killed in a traffic accident this weekend.

In a prepared statement, Insp. Gibson Glavin of RCMP K Division said "the RCMP expresses its sincere condolences to the families and friends who have lost their lives in motor vehicle collisions."

Between Friday night and Sunday morning, seven accidents lead to more than a dozen deaths and even more injuries.

Friday evening, a 44-year-old man from Edmonton was killed near Willingdon in a two-vehicle collision.

At 9:15 a.m. on Saturday, three people were killed after a pickup truck collided with a dump truck on the Golden Spike road. That crash came just hours after four men were killed and three were injured in a rollover east of Two Hills on Highway 45.

At 4:55 a.m. on Saturday, a 34-year-old man was killed in a single-vehicle collision 100 kilometres west of Edmonton. At 6:30 a.m., two 26-year-old men were thrown from their SUV and killed during a rollover on a back road southeast of Peace River.

Then on Sunday morning, at 8:30 a.m., a woman was killed in a single-vehicle collision on Highway 53, and another woman was killed in a rollover near Wetaskiwin around the same time.

Around noon Sunday, a 32-year-old female passenger was killed in a rollover in Turner Valley on 272 Street west. METRO



A forensics specialist leaves a west-end townhouse police were investigating Sunday afternoon, where a teenage girl was found dead Saturday evening. BRAEDEN JONES/METRO

'Suspicious' deaths under investigation

Teenage girl, pair in late 20s found dead in separate events



Braeden Jones
Metro | Edmonton

Two people found dead inside a parked vehicle in the Windermere area Friday night have been identified by police investigators.

Edmonton Police spokesperson Scott Pattison said Sunday morning the deceased were 28-year-olds Daniel Andrew Edward Fullerton and Dianna Teresa Wilk.

The pair were found in the parked vehicle around 7:40 p.m. Friday near 173 Street and 11 Avenue SW.

Police were called to the area after someone passing by the vehicle noticed the bodies.

Pattison said police aren't releasing the cause of death at this time, adding that it wouldn't be announced until

an autopsy, which is scheduled for Tuesday morning.

Police are calling the situation a "suspicious death" but have not deemed it a homicide.

Edmonton Police are also investigating a separate incident in the city's west end, in which a teenage girl was found dead in a townhouse near 96 Avenue and 176 Street on Saturday.

Pattison said only that West Division patrol members responded to a call for assistance at the address around 5

“It's my first time ever seeing police on this street.”

Bores Kay

p.m. Saturday, and homicide detectives have since taken over the investigation.

Neighbour Bores Kay said he got home that evening surprised to see police tape on his normally "very quiet" street.

PC NOMINATION RACE

EPS end bribery probe



Ryan Tumilty
Metro | Edmonton

Edmonton Police have closed their investigation into bribery allegations in a Progressive Conservative nomination race.

Police spokesperson Anna Batchelor confirmed that police concluded their work in late September and are not laying any charges in the case, which involved the Edmonton Ellerslie nomination race.

Former PC MLA Naresh Bhardwaj and members of his campaign team were accused of offering bribes to supporters of his challenger, Balraj Manhas, in the party's nomination race.

NDP MLA Brian Mason asked Edmonton Police chief Rod Knecht to investigate the matter.

Bhardwaj was also cleared in an internal party investigation, but resigned from cabinet during the matter and did not run in the election.

He said the police investigation came to the right conclusion, and that he has never had any dealing with the man he was accused of bribing.

The race also spawned a series of lawsuits. Manhas said he is waiting on the results of those suits because he doesn't want what happened to him to happen to another candidate in the future.

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AHS plan may add new spaces

ADDICTION

Doctors encouraged to prescribe relief drugs



Jeremy Simes
For Metro | Calgary

As the province gears up to fight the fentanyl crisis, one program plans to encourage more doctors to prescribe methadone and suboxone to treat addicts.

The province has selected six needle exchanges to dispense naloxone as part of a different program aimed at preventing overdoses associated with fentanyl, but there has not yet been an expansion of the program to treat users for addictions.

Methadone and suboxone satisfy cravings but aren't eu-

phoric.

Fewer than 100 Alberta physicians prescribe those drugs, and many of them don't specialize in that practice. Patients can often be challenging, among other reasons, said Ed Jess, director of prescribing and analytics at the College of Physicians & Surgeons of Alberta.

On top of that, senior decision-makers with the province's health authority are reviewing a proposal to add new treatment spaces for those addicted to opioids, including fentanyl.

Dr. Laura Calhoun, Alberta Health Services' (AHS) provincial medical director for addictions and mental health, couldn't provide more details about the proposal, which has

yet to be accepted by AHS executives.

"Opioid misuse is a major concern," she said. "We are doing all we can to reduce harm and we think we need short-term, medium-term and long-term plans to get on top of this."

Jess said he's thrilled there's an opportunity for more treatment options to become available.

Calhoun said she's not sure when she'll hear back on the proposal from executives but hopes it gets approved.

"We hope to get it approved because we can move forward and improve access to opioid dependency treatment," she said.

There have been 145 fentanyl deaths in Alberta this year.



We are doing all we can to reduce harm, and we think we need short-term, medium-term and long-term plans.

Dr. Laura Calhoun



Fewer than 100 physicians prescribe methadone and suboxone in the province, but health officials are encouraging more of them to follow suit. METRO FILE

IN BRIEF

Gas-station clerk's death ruled a homicide

Edmonton Police are investigating an Oct. 23 incident that resulted in the death of a gas-station clerk. Officers responded to a 911 call at a gas station near 75th Avenue and 50th Street, where it was reported that a male customer was involved in a physical dispute with a male employee. EMS treated Surinder Pal Singh, 61, for life-threatening injuries he later succumbed to in hospital. An Oct. 29 autopsy declared his death a homicide. METRO

Reality TV couple's speeches cancelled

A home-schooling association has cancelled an appearance by a controversial reality TV couple at its annual convention in 2016. Alberta Home Education Association president Paul van den Bosch says member feedback suggests speeches by Jim Bob and Michelle Duggar "would not be in the best interests of home educators" after revelations their oldest child molested four of his sisters as a teenager. THE CANADIAN PRESS



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Caroline: 780-248-1770
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Councillors ready to whittle whopper

BUDGET

Three-year increase of 15 per cent too much, they say



Ryan Tumilty
Metro | Edmonton

City councillors want to trim the nearly 15 per cent tax increase as they start work on the operating budget this week.

The proposed 2016 to 2018 operating budget — released Friday — currently includes a 4.9 per cent tax increase in each of the next three years.

Coun. Andrew Knack said administration has done good work finding savings, but it's now up to council to do the rest.

"It's a good start from where the first proposal came in, but I still think it's a little high."

The average Edmonton home is valued at \$401,000, and for a home like that, the increase would mean \$109 of additional taxes in 2016, followed by an additional \$114 in 2017 and then a further \$120 in 2018.

The budget includes continued funding of the neighbourhood renewal program and money to staff new recreation centres and fire halls.

Knack said those costs are hard to avoid, but the city is also funding 230 new jobs in order to accommodate growth.

Knack believes council



City councillors will get their first chance this week to deliberate the three-year operating budget that comes with a nearly 15 per cent tax increase in total. METRO FILE

may have to say no to those positions.

"I think that can shave off anywhere from a half to a full per cent (in taxes) each year," he said.

Coun. Mike Nickel said with tax increases coming at the provincial and federal level, on top of a troubled economy, citizens won't accept a big increase from the

city as well.

"People have told me very clearly, from the young to the old, that they're tapped out," he said.

Nickel said he intends to look for any area where the city can save to get the increase down as low as possible.

"We have to get right down to the basics and work on our fundamentals."



People have told me very clearly, from the young to the old, that they're tapped out.

Coun. Mike Nickel

PROVINCE

Chamber hopeful about NDP budget

Rhonda Kronyk
For Metro | Edmonton

Despite gloomy economic predictions, Edmonton's Chamber of Commerce sees good signs in the recently released provincial budget.

Speaking at a luncheon with Finance Minister Joe Ceci, Janet Riopel, president and CEO of the Edmonton Chamber of Commerce (ECC), said the chamber supports the government's decision on capital spending and is "pleased to see an increased focus on job creation and economic diversification."

Riopel said the chamber feels that the increase in capital spending for infrastructure projects like hospitals and schools will help bring Alberta out of recession.

She added the ECC is also "encouraged to see only modest increases in program spending, additional spending for post-secondary education and training, no major service cuts and no new major tax increases for businesses."

"We're pleased the government has limited operational increases to population growth plus inflation."

Riopel calls the budget "a bit of a heartburn fiscal plan because it's easy to swallow now, but there might be some serious discomfort coming in the future."

The government is going into deficit to fund basic operations for the first time since the early 1990s.

Riopel said businesses are concerned about the cost of that mounting debt to future generations.

"The test now is how and when the government will be able to raise enough revenues to pay for all of it without leaving a legacy of unmanageable debt."

As they deal with the first NDP government in the province's history, Riopel says her members want to develop a relationship with the provincial government.

"We feel they are hearing us, but we want to see a solid fiscal plan. We want to see more detail in the (2016) budget coming in four months."

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Street checks to stay, police say

POLICING

About 26,000 cases last year but not many complaints



Andrea Ross
Metro | Edmonton

The Edmonton Police Service is defending the long-standing practice of random street checks, calling them a valid tool of community policing.

Last year, EPS documented about 26,000 street checks, yet received few complaints about them, Insp. Dan Jones told reporters Friday.

"I don't think it's an issue here," Jones said. "It's a valid, lawful stop to record data. It's not about gathering intelligence to do nasty things with it ... it's about actually being able to help people."

With newly proposed legislation in Ontario aimed at ending street checks, EPS recently reviewed the practice and Jones said they won't make



EPS Insp. Dan Jones told reporters Friday morning there will be no changes to the way they do street checks. ANDREA ROSS/METRO EDMONTON

any changes.

Jones said the checks aren't done based on race, but on situational factors that might suggest to a police officer someone may be in need of help or may have an outstanding warrant.

Information gathered from these checks can help identify witnesses and find victims,

Jones said, adding he knew of a homicide that was solved within 12 hours with the help of a street check report.

Cheryl Whiskeyjack, executive director of the Bent Arrow Traditional Healing Society, said she's aware of concerns of racial profiling during street checks but said she hasn't personally

heard complaints.

"We serve about 12,000 people a year and we have not heard of any instances where this is an issue," she said.

Distinctive Employment Counselling Services of Alberta (DECSA) spokeswoman Teresa Strong said she was carded "hundreds" of times while

she was involved in the street lifestyle for 18 years.

Most officers she encountered were friendly and while she once thought of them as a nuisance, she said the checks were important in documenting her whereabouts.

"They can be a lifesaver," Strong said. "Sometimes them taking me to jail saved my life that night. I feel like street checks are in place for safety."

In an emailed statement, the Alberta government said they have not received any formal complaints about street checks but encourages anyone who feels they have been treated unfairly to come forward.

The government has been in contact with EPS and the Alberta Human Rights Commission to ensure policing practices respect diversity and uphold provincial policing standards, Alberta Justice and Aboriginal Relations Minister Kathleen Ganley said in the emailed statement.

"Community-based policing can build trust and relationships that prevent criminal activity and keep communities safe," Ganley said.

+ CARDING

Officers looking for basic information from people

Also known as carding, street checks involve a police officer randomly stopping someone and asking for basic information including their name, date of birth and any identifying factors. Officers then document where and when the check happened.

Members of the public stopped by police officers have the right to refuse to divulge this information. The draft regulations in Ontario outline when an officer can ask for a person's identification, such as the investigation of a particular crime. An officer can't stop a person merely because of their race or appearance, or because they are in a high-crime area.

ANDREA ROSS/METRO EDMONTON, WITH FILES FROM JESSICA SMITH CROSS/METRO TORONTO

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Choosing a cabinet

Prime minister-designate Justin Trudeau faces a delicate task in stocking his cabinet, balancing MPs' skills and experience with potentially wounded pride and resentment.



Michael Woods
Metro | Ottawa

Justin Trudeau's first real test as prime minister comes on Wednesday with the swearing-in of his first cabinet. The choices he makes will set the tone for the next four years of Liberal rule.

Cabinet-making is a difficult task at the best of times — one that can bruise egos

and sow resentment if not handled delicately.

That Trudeau has promised an equal number of men and women, a mix of new blood and old guard, strong aboriginal representation and a range of diverse backgrounds makes his job that much more difficult. Will he get it right?

With that in mind, here are Metro's picks for who could make up Trudeau's new cabinet:

5 ministries that will need much more attention

Every minister in the new Liberal government is going to have a lot on their plate, with Justin Trudeau having made sweeping, ambitious campaign promises in nearly every major area of the federal government's jurisdiction.

But here are five particular areas that will see big changes under the new government, with Trudeau promising particularly big things in their portfolios.

1 Democratic reform

Trudeau has vowed that Canada won't see another federal election under the first-past-the-post voting system. With Trudeau promising democratic-reform legislation within 18 months and planning to study every option before then, whoever's in charge of the effort is going to have a busy year and a half.

2 Aboriginal affairs

The new aboriginal affairs minister will have a full plate; Trudeau has called for "full implementation of the Truth and Reconciliation Commission's 94 recommendations," which are wide-ranging. (One of them is getting the Pope to apologize for residential schools.) The Liberals have also committed to a national inquiry into missing and murdered indigenous women.

3 Citizenship and Immigration

Many experts have said Trudeau's pledge to resettle 25,000 Syrian refugees by the end of the year has a laudable number but a challenging timeline. The new minister will have to lead an enormous co-ordinated effort as quickly as possible.

4 Environment

The new environment minister will have a hectic first few months, with the Paris climate conference starting Nov. 30 and Trudeau promising to convene the premiers within 90 days to come up with a national plan to fight climate change, including emission reduction targets.

5 Defence

With Trudeau's campaign promise to scrap the F-35 fighter purchase and his vow to pull Canada's CF-18s out of the war against the so-called Islamic State, the new defence minister will soon be faced with decisions that will shape Canada's military for years to come.



1 Scott Brison | Finance

The veteran Nova Scotia MP is a former investment banker who served as Paul Martin's minister of public works and co-chaired Trudeau's council of economic advisers.



2 Ralph Goodale | Deputy Prime Minister/House Leader

The party's only Saskatchewan MP is a lock for cabinet, having held the finance, public works and natural resources portfolios in the past. The Liberals will need a house leader capable of shepherding their ambitious legislative agenda.



3 Chrystia Freeland | Foreign Affairs

The former financial journalist and author was a star candidate when first elected in a 2013 Toronto byelection and is highly regarded for her global affairs and economic acumen.



4 Dominic LeBlanc | Justice

The New Brunswick MP is a Harvard-educated lawyer who was among Trudeau's most prominent backers during his leadership campaign and is also a close friend to the new prime minister.



5 Stéphane Dion | Environment

Dion, a former party leader, held the environment portfolio in Paul Martin's government and signed Canada on to the Kyoto Accord. He would be immediately tasked with preparing for the United Nations climate-change conference in Paris.



6 Andrew Leslie | Defence

The retired general and former chief of the land staff was a star candidate in Ottawa and advised Trudeau on defence and foreign-affairs issues before that. Both of his grandfathers were also minister of defence.



7 Jody Wilson-Raybould | Democratic Reform

Wilson-Raybould is a first-time MP but has a wealth of political experience as a former B.C. regional chief for the Assembly of First Nations and treaty commissioner. She won her Vancouver Granville riding by more than 9,000 votes.



8 Bill Blair | Public Safety

The new Scarborough MP and former Toronto police chief was another Trudeau star candidate whose expertise lies in the public-safety portfolio, though it's possible he'll get a different cabinet position where he doesn't have as much experience.



9 Jane Philpott | Health

The first-time MP elected in Markham-Stouffville is a family doctor who has done extensive advocacy work for refugee health care and on HIV/AIDS.



10 Carolyn Bennett | Aboriginal Affairs

The family doctor and longtime Toronto MP was the party's aboriginal-affairs critic in the last Parliament and has command of the issues at hand. She'll need it; the Liberals have pledged to implement the Truth and Reconciliation Commission's 94 recommendations.



11 Maryann Mihychuk | Employment and Social Development

Mihychuk, a geoscientist, was a member of Manitoba's NDP government for nine years, holding cabinet roles in industry and inter-governmental affairs. In 2004, she resigned to run for mayor of Winnipeg and finished fourth.



may get personal



12 Joyce Murray | Veterans Affairs
The British Columbia MP came second to Trudeau in the 2013 leadership race. She was the party's defence critic in the last Parliament.



18 Kirsty Duncan | Status of Women
First elected in 2008, the medical geographer and Etobicoke MP was the party's status-of-women critic in the last Parliament.



26 Mélanie Joly | Intergovernmental Affairs
Joly, an Oxford-educated lawyer and public-relations expert, came second to Denis Coderre, a former Liberal minister, in the 2013 Montreal mayoral race.



13 Bill Morneau | Treasury Board
Some have tapped the businessman as a possible finance minister but he's a first-time MP and could be given a less-prominent economic portfolio. He was the executive chair of Morneau Shepell, Canada's largest human-resources firm.



19 Judy Foote | Chief Government Whip
The Newfoundland and Labrador MP held several cabinet portfolios as a provincial politician. She has been the party whip since 2011 and was the party's deputy house leader before that.



27 Kent Hehr | Public Works
With the Liberals winning seats in Calgary for the first time since 1968, one new MP is bound to get a seat at the cabinet table. Hehr, a lawyer, was an Alberta provincial politician for seven years.



14 Marc Garneau | Industry
Garneau, a former astronaut who was the first Canadian in space, was president of the Canadian Space Agency before starting his political career. He was a leadership candidate in 2013 and essentially sealed Trudeau's victory by dropping out of the race.



20 Hunter Tootoo | Natural Resources
Tootoo ran for the federal NDP in 1997 before serving in a number of key roles in Nunavut's territorial government, including Assembly speaker. He is also a successful businessman.



28 Catherine McKenna | International Trade
McKenna is an international trade lawyer and former UN adviser in East Timor who defeated NDP stalwart Paul Dewar in Ottawa Centre.



15 Emmanuel Dubourg | National Revenue
Dubourg, a chartered accountant and teacher, was the party's national revenue critic in the last Parliament. A former Quebec provincial politician who also spent two decades in the federal public service, he founded a non-profit organization that offers professional accounting services internationally.



21 Navdeep Bains | Citizenship and Immigration
Bains was an MP from 2004 until 2011, serving as Paul Martin's parliamentary secretary briefly in 2005. The prominent member of Mississauga's Sikh community more recently co-chaired the Liberals' Ontario campaign and was a key Trudeau organizer.



16 Pamela Goldsmith-Jones | Transport
The new Vancouver MP was a two-term mayor of West Vancouver, retired in 2011 to complete an executive MBA and ran a public-affairs consulting firm. Her riding, West Vancouver-Sunshine Coast-Sea to Sky Country, had been held by the Conservatives since 2008.



22 Yvonne Jones | Fisheries and Oceans, ACOA
Jones was first elected in a 2013 byelection in Labrador, which had been held by the Conservatives. She won re-election on Oct. 19 with 70 per cent of the vote.



23 Robert Morrissey | Agriculture
Morrissey spent nearly two decades in Prince Edward Island's legislative assembly, starting in 1982, holding a number of prominent roles, including Opposition house leader.



24 Harjit Sajjan | Heritage
The first Sikh to command a Canadian army regiment, the new Vancouver South MP and lieutenant-colonel did three tours of Afghanistan. He was also a Vancouver police officer for 11 years, specializing in organized crime.



25 Marie-Claude Bibeau | International Development
Bibeau began her career at the Canadian International Development Agency, with postings in Morocco and Benin. The southeast Quebec MP has owned a successful campground for 15 years and founded a museums association in the Eastern Townships.



17 Maryam Monsef | Labour
Canada's first Afghan-born MP, Monsef came to Canada as a refugee in 1996 with her family. She won the Peterborough riding formerly held by Dean Del Mastro, Stephen Harper's one-time parliamentary secretary.

5 ministries that don't exist but should

Justin Trudeau's cabinet is expected to be smaller than his predecessor Stephen Harper's — about 28 members compared to Harper's 39. So there isn't much room for Trudeau to create new roles at the cabinet table. But here are five suggested portfolios that didn't exist under the last government.

- 1 Housing**
Funding for affordable housing is a major part of the Liberals' proposed \$20-billion "social infrastructure" plan. The Pierre Trudeau government of the 1970s had a minister of state for urban affairs, who was responsible for housing, but the position didn't exist in the last government.
- 2 Youth**
When it comes to policy-making, Canada's youth population is sometimes left out. According to the group Generation Squeeze, governments in Canada spend a third as much on younger Canadians as those over 65. A minister at the table advocating for Canada's young people could help change that.
- 3 Municipal affairs**
While the intergovernmental affairs minister job already exists, having a minister dedicated to cities' needs could go a long way to achieving the necessary co-ordination between the federal government and municipalities on large infrastructure projects, such as transit.
- 4 Digital innovation**
Governments can be slow to keep up with the rapidly changing digital world. Having a voice at the cabinet table focused on digital innovation could help with that. France, for example, has a minister of economy, industry and digital affairs.
- 5 Sharing economy**
The sharing economy is becoming more prevalent, with services such as Uber and Airbnb expanding in Canadian cities and their business model expanding to other realms. With many jurisdictions grappling with how to adapt to regulating these new services, dedicated federal leadership could be useful.

Liberal MPs bring diversity to caucus

POLITICS

Social workers, lawyers, mayors and more on Parliament Hill

When Catherine McKenna looks at a roomful of her 127 fellow rookie Liberal MPs, she sees police chiefs, soldiers, aboriginal leaders, mayors, doctors, refugees, athletes, social workers, tradespeople, academics and several lawyers like herself.

"A lot of people really believed we were off-track with the last government and it was really important to contribute by stepping up to run," said McKenna, who defeated New Democrat incumbent Paul Dewar in the riding of Ottawa Centre.

McKenna is part of what may be the most diverse governing caucus of MPs that voters have ever sent to Parliament Hill.

She herself has a broad background beyond practising law, which enabled her to be a legal adviser to the United Nations peacekeeping mission in East Timor. She helped create her



Newly elected Liberals Catherine McKenna, left to right, Greg Fergus, Will Amos, Andrew Leslie, Karen McCrimmon and David McGuinty take part in a welcome rally for designate prime minister Justin Trudeau in Ottawa on October 20, 2015. SEAN KILPATRICK/THE CANADIAN PRESS

own non-governmental agency that works on governance and human rights issues abroad, and she's lectured on foreign affairs at the University of Toronto. She's also a competitive

swimmer.

McKenna is typical, in some ways, of her broader caucus.

She's a rookie, like more than two-thirds of her fellow Liberal MPs — 184 Liberals in all.

At 44, McKenna is also part of the biggest demographic group in the Liberal caucus, with 82 of those elected falling in the 30-to-49 age range. The second largest is the 50-64 group, with 68 MPs, according to a Maclean's magazine analysis.

McKenna is also one of 50

women to be elected to the Liberal caucus.

The Liberals also have 38 of the 46 visible minorities elected to the House of Commons.

The Liberals painted the map red in and around most major cities, including the greater Vancouver and Montreal areas, Ottawa and its surrounding areas and the greater Toronto area, including Mississauga and Brampton, as well as most of Winnipeg.

THE CANADIAN PRESS

OPPOSITION

Tories prepare for Ottawa and winter

If there's one thing Dianne Watts knows she needs to do before travelling to Ottawa this week to take her place in the official Opposition caucus, it's buy warmer clothes.

As the former mayor of Surrey, B.C., Watts hasn't had much experience with the biting winters she'll be facing in the national capital as part of the 99-member Conservative team, set to meet for the first time Thursday since the party lost its majority government on Oct. 19.

She handily won her Vancouver suburban riding, but her party was routed by Justin Trudeau's resurgent Liberals.



Conservative Leader Stephen Harper. THE CANADIAN PRESS FILE

"When I made the decision to run federally, it was a decision I felt strongly about," Watts said in an interview.

Both rookies and veterans will have a learning curve, said James Rajotte, who served in opposition for six years.

THE CANADIAN PRESS

NDP out to rebuild with 16 rookies

The New Democrats enter the 42nd session of Parliament with fewer than half of the members that they had going into the 2015 federal election campaign.

Despite being forced back to third-party status by voters, however, the party is poised to start over with a lot of fresh, young blood — ready to rebuild and focused on the majority Trudeau Liberals to account.

Erin Weir, one of 16 rookies on the New Democrat bench, sees his role as an MP as much like his election campaign — honed in on building Canada's economy and protecting the environment.

One significant additional responsibility: reinvigorating his party in time for the next



NDP Leader Tom Mulcair. THE CANADIAN PRESS FILE

election.

Part of the process will involve assessing the strengths of the current NDP caucus and, perhaps more painfully, looking back to learn from the lessons of what went wrong during the campaign.

THE CANADIAN PRESS

A lot of people really believed we were off-track with the last government and it was really important to contribute by stepping up to run.

MP Catherine McKenna

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Jet broke up in air soon after takeoff

EGYPT

Search teams seek bodies of 224 passengers

The Russian jetliner that crashed shortly after takeoff from an Egyptian resort city broke up at high altitude, scattering fragments of wreckage over a wide area in the Sinai Peninsula, Russia's top aviation official said Sunday as search teams raced to recover the bodies of the 224 people who died.

Aviation experts joined the searchers in a remote part of the Sinai, seeking any clues to what caused the Metrojet Airbus A321-200 to plummet abruptly from 31,000 feet just 23 minutes after it departed from the Red Sea resort of Sharm el-Sheikh bound for St. Petersburg.

By midday, 163 bodies had been recovered, according to the Egyptian government. Some of the dead were expected to be flown to Russia later Sunday.

The large area over which



Soldiers guard passengers' belongings near the crash site in Egypt's Sinai Peninsula Sunday. KHALED DESOUKI/AFP/GETTY IMAGES

fragments were found indicates the jet disintegrated while flying high, said Alexander Neradko, head of Russia's federal aviation agency. He would not comment on any possible reason for the crash, citing the ongoing investigation. Neradko was in Egypt to inspect the crash site along with Russia's emergency and transport ministers.

A Russian TV channel late

Saturday quoted the co-pilot's wife as saying her husband had complained about the plane's condition. Natalya Trukhacheva, identified as the wife of Sergei Trukhachev, said he said it "left much to be desired."

Egyptian President Abdel-Fattah el-Sissi cautioned that the cause of the crash may not be known for months.

THE ASSOCIATED PRESS

REFUGEE CRISIS

Toll, tensions rising in Greece

Protesters clashed with police guarding a border fence in northern Greece near Turkey Saturday, following a series of sea accidents that killed dozens and a warning that the toll is likely to rise in coming weeks.

About 500 anti-government protesters, who travelled from Athens and several towns in

northern Greece were involved. They want Greece to tear down the fence and allow refugees to cross by land instead of risking their lives on the sea.

The government says it cannot remove the fence for "practical reasons" and has called on other European Union countries to speed up support for search

and rescue operations in the sea.

Greece is struggling to cope with a surge in arrivals, many fleeing the civil war in Syria and other conflicts. More than 60 people, half of them children, have died in the past four days while trying to reach Lesbos and other Greek islands from the Turkish coast. THE ASSOCIATED PRESS



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IN BRIEF**Rescuers free humpback**

Rescuers managed to free a humpback whale entangled in fishing line off California's Orange County coast Saturday. The adult whale, estimated to be 35 to 50 feet (10.5 to 15 metres) long, was entangled from its mouth to its tail and what appeared to be nylon rope streamed behind it. Rescuers with the National Oceanic and Atmospheric Administration and Sea World in San Diego were able to cut away most of the line.

THE ASSOCIATED PRESS

U.S. senator, actor dies

Fred Thompson, 73, a Republican senator who also acted in films and TV, died in Nashville after a recurrence of lymphoma, his family says. A lawyer who alternated between politics and acting much of his adult life, Thompson retired from the senate in January 2003 and pursued the presidency in 2007, but dropped out in 2008. He appeared in at least 20 motion pictures. His credits include The Hunt for Red October, and Cape Fear.

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Bombardier CEO Alain Bellemare addresses a news conference in Montreal after the Quebec government revealed it is investing \$1 billion in the C-Series aircraft program. THE CANADIAN PRESS

\$1B not enough for Bombardier

MANUFACTURING

Company still looking at options after Quebec bailout

The \$1-billion lifeline Bombardier is getting from the Quebec government will go a long way toward helping the troubled plane and train maker, but it's just one of several initiatives aimed at shoring up the company's financial position, says chief executive Alain Bellemare.

In addition to working on the sale of a minority stake in its railway division (which analysts estimate would bring in \$1 billion US to \$2 billion US), the company is considering other strategic options, including the sale of non-core

assets and exploring ways to trim costs from programs like the Q400 turboprop.

Bellemare was loath to provide details about what is being considered.

"I will continue to look at strategic options across the board," he said in an interview.

Reports suggest the company approached the federal government for at least \$350 million in assistance. The new Liberal government said it will consider the request after it is sworn into office on Wednesday.

Bombardier says it will focus on making its programs more competitive by cutting costs. He pointed to efforts that were rejected by its Toronto union-

ized employees that would see the manufacture of some parts for the Q400 moved to low-cost countries like Mexico or China.

Although the Q400 does well in North America with customers like WestJet Encore, Porter Airlines and Air Canada, it is too pricey for markets like



It's a great aircraft but it's too costly.

Alain Bellemare

Asia. Rival ATR dominates while Bombardier's market share is just 25 per cent.

"It's a great aircraft (but) it's too costly and we need to bring the costs down so we can bring the price down," Bellemare said.

And he wouldn't rule out job cuts as the company turns the focus to improving efficiency and operational performance.

THE CANADIAN PRESS

RESTAURANTS

Chipotle outlets linked to E. coli

Health officials expect the number of people sickened by an E. coli outbreak linked to Chipotle restaurants in Washington state and Oregon to grow while they investigate the cause of the infection.

As of Friday, three people in the Portland area and 19 people in western Washington had become sick from E. coli. Seventeen of them had eaten at a Chipotle restaurant during the past few weeks.

Eight people have been hospitalized but no deaths have been reported.

After people started hearing about the outbreak, more people will probably go to the doctor and join the list of potential cases, said Marisa D'Angeli, medical epidemiologist with the Washington State Department of Health.

The source of the E. coli was most likely a fresh food product, D'Angeli said, because it probably could not be traced to one sick individual or one instance of cross-contamination of food since the cases are connected with so many restaurants.

D'Angeli noted that Chipotle has been co-operative and voluntarily shut down all its restaurants in the two states.

THE ASSOCIATED PRESS



Chipotle has temporarily closed dozens of its restaurants after an E. Coli scare.

GETTY IMAGES

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7	2	1	8	5	3	6	4	9
2	4	6	3	9	7	8	1	5
8	5	3	4	1	6	9	7	2
1	7	9	5	2	8	4	6	3
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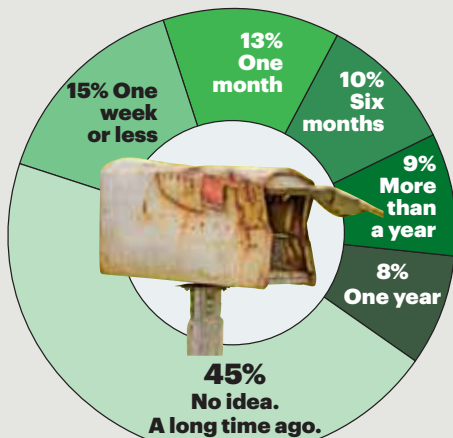
Metro MONDAY POLL

Holding onto home delivery

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Maybe we won't be saying "So long" to snail mail after all. With a new Liberal majority government soon to take power, the Harper Conservatives' plan to phase out Canada Post's home-delivery service in favour of community mailboxes is set to be halted. But with electronic communication ubiquitous, should we be helping old-fashioned paper postal service to hang on? We asked our readers, and their feelings about mail are a very mixed bag.

1 How long has it been since you sent a letter (not a bill, not a form, not a package — a personal letter)?



2 What do you think Canada Post should do about home delivery?

- 37% Keep it for as many people as possible
- 27% Phase it out with a few exceptions (i.e. the elderly)
- 23% Get rid of it now! It's 2015!
- 8% Replace it with community mailboxes
- 5% I have mixed feelings

Maybe cut it to two days a week. I think most people would be okay with that.

3 What do you still use (outgoing) mail for?

- 15% Holiday greetings
- 15% Presents and care packages
- 14% Government forms
- 12% Personal letters and cards
- 7% Thank-you notes
- 6% Paying bills
- 6% It's part of my job
- 5% Keeping in touch with family/friends abroad
- 5% Sending donations
- 4% Ordering by catalogue
- 9% I don't use the mail
- 2% Other

For charity mail-outs to members

Sending letters to elderly friends without email

I don't mail cards. No one does that anymore!

METRO READERS

How to handle the infill influx: Neighbourliness

Omar Mouallem



By now you've heard the horror stories: loud noises, shaking walls, cracking floors.

I'm not talking Halloween haunted houses. No: It's residential infill. These days it seems Edmontonians would rather learn of a poltergeist possessing the property next door than a home builder.

Some of the anger is founded, but much of it is pure fear-mongering. The resistance to infill threatens to undermine a key way to grow sustainably and return young families to older neighbourhoods. As the number of infill projects grow — from 1,378 in 2010 to 2,298 last year — so does unease. But that doesn't mean complaints also have to.

Matthew Kaprowy is one who is learning best practi-

ces with each pair of skinnies his company builds. Kirkland Homes just finished six skinnies in King Edward, Inglewood and Hazeldean, and has another six on the way. I talked to him about the learning curve and how to be a better infill neighbour.

"I know I'm not perfect," he says, "but I want to learn together, as a community, how we can make this process make as little disruption to people's lives as possible."

In the beginning, concrete workers and Kirkland's other contractors were driving over people's properties and parking in their driveways. Angry neighbours could ask one to stop, and they would, but the next day another contractor would do the same. It didn't need to happen that way, says Kaprowy. "We could tell their bosses: 'Hey, this isn't subdivision construction.'"

That's the major cause of the ignorance and inexperience,

says Kaprowy. Until this point, residential development in Edmonton has mostly spread outward, where excavators could tear up swaths of land with abandon. In fact, Kirkland is better known for subdivision work, where it builds some 50 houses yearly.

Kaprowy modified his process with the latest skinnies.

He visited neighbours before breaking ground, giving them emails and phone numbers to contact with questions. They came to agreements — one neighbour asked Kaprowy not to work after 7:30 p.m. because it was exam time for his daughter in university. Tony Dhitivara just wanted to be reassured that the impact would be minimal and the sidewalk finished before winter — the new fence was a bonus. "The thing that calmed me down in terms of the effect is they are easily reachable," says the Hazeldean neighbour.

Kaprowy has learned to

manage expectations from the get-go, not just to sell them on perks — possibly improved property values and street-scape — but to offer them the hard truth: He doesn't need their permission. "There are bylaws that establish that."

Important as it is to be a good infill neighbour, being a good neighbour to infill is equally vital. "My advice," says Dhitivara, a construction worker, "(is) be reasonable about your expectations."

Dhitivara and his wife were the first through the door at the new skinny home's open house last weekend. In fact, Kaprowy says most of the attendees were nosy neighbours, which didn't disappoint him. "I almost don't want to sell it to have a show home of the final product to discuss our intentions with people."

Omar Mouallem (omar_aok) lives in Edmonton and edits the Yards magazine.

ROSEMARY WESTWOOD

metroview

I miss the wisdom, context and joy that elderly friends bring

An elderly lady and a younger lady walked down my street the other day.

They weren't moving at any clip and they chattered and laughed leisurely.

The elderly lady wore an oversized coat over her small frame and a bright blue tuque, far too large, that stood up like a Smurf hat. She was grinning.

I had the urge to stop my bike and ask them if they walked this neighbourhood often. Were they old friends? Were they family? Maybe I could walk with the old lady sometime (she clearly needed a spotter), since I live around here, too? They looked happy and close.

I didn't stop. But I know why I wanted to.

I miss elders. In my daily 30-something life, they're as absent as children. In my family, only my grandmother-in-law, who I should see far more of, is still around. And the elderly friends I know from my hometown don't live in Toronto, my adopted city.

I'm envious of the friendships some have with their grandparents: the quirky Instagram video of one friend pushing her grandmother's wheelchair down a gentle hill; the Facebook photo of another friend getting pedicures with her grandpa; yet another whose live-in grandmother cooks him hot breakfasts every day.

But we don't have to be

related. Old Father Joe, a priest who used to come to dinner when I was a kid and died years ago, was my friend. I once interviewed a woman about her service in the Second World War (when she wore snakeskin pumps and drank mint juleps while working for American intelligence in Washington), and just sitting with her, I felt like I could absorb life advice by osmosis.

Plenty of other people have less-romanticized relationships with older generations. Perhaps they don't care if they don't. But I feel the lack.

Here I am, navigating the day, operating in a vacuum without context for what other's lives were like when they were 30, decades ago, or what they're like now, in their 80s.

And I realize it's reductive, even disrespectful to equate age with wisdom.

But people with different experiences are inherently interesting. And the chance of learning something (and teaching something) seems greater as the difference grows.

Some cultures do better than we (or maybe just I) do at keeping the generations close.

And that little old lady in the blue tuque already has someone to walk with. She doesn't need me. It's me who needs her.

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PHILOSOPHER CAT
by Jason Logan





When Everybody steals your idea

ANALYSIS

Detroit designer gets litigious with Toronto line

Melissa Dunne
For Metro Canada



"If you want to be original, be ready to be copied."

The quote is often attributed to Coco Chanel, but, perhaps fittingly, now that it's so widely shared online, its origins are murky.

For today's designers who have a less blasé approach to originality, there's trademark law.

It really is Detroit vs. Everybody

The cross-border trademark war between the creator of the Detroit vs. Everybody comfort wear clothing line and the makers of Toronto vs. Everybody maker of sweaters and T-Shirts reached a boiling point last week. Legal representatives for both sides did not return requests for comment, but it's been reported they are trying to come to a truce soon.

In response to the negative image of his gritty city, Tommy Walker Jr. started Detroit vs. Everybody in 2012, while Peace Collective started Toronto vs. Everybody in 2014. Alas, from a legal perspective it doesn't seem to matter who came up with the idea first.



"With trademark, it's the first to file," explained Scott MacKendrick, a partner at Bereskin & Parr LLP, in a phone interview, from his Toronto office.

The founder and chief of peace for Peace Collective does indeed hold the registered trademark to "Toronto vs. Everybody" here in Canada. Walker Jr. reportedly only filed for trademarks in the U.S., so there is likely nothing stopping the many competitors that have popped up around the globe from selling clothing emblazoned with "Vs. Every-

body" outside of America, said MacKendrick.

Fail to plan, plan to fail

Ashlee Froese, a fashion lawyer at Toronto's Fogler, Rubinoff LLP, advises anyone starting a small clothing company to hire a lawyer who specializes in fashion law early on to prevent and deal with any legal issues. To start, a basic search should be done to determine that someone else doesn't already hold the trademark you want to register, explains the lawyer who frequently works

with young Canadian designers.

Spend money to make money

While the complexity and costs will vary depending on the specifics of each case, having a lawyer get a trademark for your company — from search to application to approval — usually costs about \$1,000 to \$2,000, said Alison Hayman, an associate in the intellectual property group at Cassels Brock & Blackwell LLP in Toronto. Spending a relatively small amount of money on legal fees when your company is in

When it comes to trademark, it doesn't matter who had the idea first, it's about who was first to file. PHOTOS COURTESY: PEACE COLLECTIVE AND DETROIT VS. EVERYBODY

its infancy can possibly save you a lot of grief, and money, down the road, she added.

Be ready for a battle fought via paperwork

Once you have a trademark it is usually fairly simple to enforce, said MacKendrick. Most cases never make it to trial, usually a letter or two will be exchanged between lawyers and some sort of agreement will be reached. Since trademarks are generally enforced country by country, Froese advises clients at the outset to file trademark

NATIONWIDE

Everybody vs. Everybody

It seems like everybody is trying to get their slice of the "Vs. Everybody" pie, with a bevy of online sellers selling their versions for Canadians proud of their cities.

• Toronto vs. Everybody:

T-shirts for both men and women in a range of colours sell for \$29.99, sweaters sell for \$59.99. peace-collective.com

• 403 vs. Everybody:

Unisex T-shirts sell for \$25 at rglt.com

• Montreal vs. Every-

body: T-shirts in a range of colours sell for \$30 at mtlvseverybody.com

• Vancouver vs. Every-

body: Baseball caps being sold for \$40 at fadeby-grey.com

applications for all the countries where they might be doing business, which for Canadians usually means filing in both Canada and the U.S.

As the Detroit vs. Everybody website says: "There's leaders, and there's followers..." And if you're a designer who created something original and you'd rather not be copied then you're going to need to file those trademark applications before any of your followers do.

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NORTHLANDS

Don't fall into a debt depression

MOVING FORWARD

Focus on the sunny side of a financially healthy future

Gail Vaz-Oxlade
For Metro Canada



Being in debt for a long time can sap your desire, motivation, and belief that you can ever be out of debt. It's what I call "debt fatigue," and it's insidious.

You don't think things can ever change. You don't believe there's any point to even trying. You'll never be happy. What do you do if you're already there?

Well, you can wallow, or you can accept that you're in an emotional cycle and kick your own butt to a new place.

Experiencing debt fatigue doesn't mean you'll never feel good again, it just means that the things you do to feel good about don't last very long and are often detrimental to your long-term financial health.

Any of this sound familiar?

Having debt is normal. Everyone has debt.

I'm so far in debt now, I might as

well . . . go on holiday, buy this dress, fill-in-the-blank.

If I have to wait to get out of debt to buy (whatever), I'll be old and grey.

The next time you're feeling defeated by your debt, put your logic into drive and your emotions into neutral. The feelings will pass if you stay on the path toward your goal. That assumes, of course, that you have a goal.

If you haven't started down the track to living debt-free forever by taking even the smallest step, what are you waiting for?

Nothing will change until you take a step forward. It's time to make a plan and get with some people who have been where you are now. A friend, a family member, a co-worker or two who have taken this journey can help you.

Talk about your debt. How it makes you feel? And what you want to do about it?

Get it out in the open. Commit to doing something differently.

Having a few positive people on your side is a great way to defeat debt fatigue. Since we know that thoughts — both positive and negative — are contagious, surrounding yourself with people who are on track to achieve their goal of being debt-free forever will help clear your path.

While you're on your journey, if you focus in only on what you don't



Having a few positive people on your side is a great way to defeat debt fatigue.

have — what you've given up to find money to pay off your debt, or what you can't have because you're broke — you'll deepen your debt depression.

Consider everything that is good in your life.

Count yourself fortunate. Be grateful. Change from focusing on what's missing to seeing what you do have.

Remember to count your successes along the way.

This is an important part in not getting weighed down by how far you have to go. Use charts to plot your progress. Have small celebrations each time you hit a milestone. Give yourself a hug for what you've achieved, instead of a kick for how far you still have to go.

If you're serious about moving forward, if you're tired of feeling tired with your debt and want to get to a better place, action is required.

Once you get some results, you'll build momentum and positive thinking will come easier.

But you have to take that first step.






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Tips on dealing with a bad manager



Bad bosses are tough, but looking for solutions is better than cursing them. iStock

COPING

If you have an ineffective boss, step up your strategy

Raquel Laneri
Metro | New York

A recent Gallup study found that half of workers leave their job because of their bosses. But, often it's not because these bosses are overly demanding, or belittling, or like Meryl Streep in *The Devil Wears Prada*.

"I think many of these people are disappointed in their manager — feeling like their manager does not have their best interest in mind, is not paying attention to them, has their own agenda, or doesn't have good management skills," says Mary Schaefer, an empowerment expert, coach, trainer, speaker and consultant. That can be really frustrating.

A good boss can make you better at your job, can inspire you to strive for more, can be

your champion when it's time for a promotion or for a reference.

So, getting along with them not only makes your day-to-day more bearable, it's also essential for career advancement.

But, even if your supervisor is remote or hard to read or just unhelpful, that doesn't mean you should throw in the towel. Schaefer gives us some tips on how to make your relationship with your boss work for you.

High-performing, low-maintenance

The best way to get into your boss's good graces: Do your work while creating as little trouble as possible.

"Here's my catchphrase: Be high-performing and low-maintenance," says Schaefer. "High-performing means you deliver on the objectives given to you.

"As for the low-maintenance part — this may sound silly, but just don't do things that cause friction points. If you have to do online training for ethics by a certain date, do it — don't put yourself in a position that whoever is responsible for that is calling you, or worse calling your boss."

Ask what they expect of you

Of course, being high-performing isn't so easy if you have a hands-off administrator who doesn't give you deadlines or set goals for you. "You need to be clear on what your objectives are and how they're measured," says Schaefer. "I'll get employees say to me, 'My boss tells me I need to do teamwork better; does that mean I need to go out and have beers with the team after work?'"

In those circumstances, just ask. "If your boss gives you vague feedback, you can ask questions like, 'What would that look like? What kind of communications would you hear from me? Who would you see me interacting with?'" says Schaefer.

Communicate effectively

Another thing you should clarify with your boss early on: the best way to reach him or her, what kind of situation warrants a call at home and what terms like "ASAP" or "urgent" mean.

"That's one thing that can cause frustration: when the boss is not responsive to something that an employee sees as a priority," says Schaefer. In those cases, you need to speak up:

"If they seem annoyed or defensive, say, 'I'm asking these questions because I want to do a good job.' Your boss may not like it, but they can't argue with you wanting to do a good job."

Sell your ideas

A lot of young people tell Schaefer that they feel like their ideas aren't being taken seriously by their bosses.

"It's important to learn how to manage their objections," she says.

"So, maybe come at your suggestions sideways: Instead of saying, 'Hey, I have an idea,' ask, 'What do you think about this? Have you noticed this problem? What have we tried so far?'"

Have a Plan B

At the end of the day, it's your career, and you need to do what's best for you.

"I don't think this can be repeated too much," says Schaefer. "But you need to own your career. Think not what can my boss do about this, and instead what can I do. And have a Plan B: Your employer really does owe you nothing except for that paycheck and the benefits promised you as long as you deliver."

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Lucrative biz of Christmas music

RADIO

Stations see 81 per cent jump in ratings with holiday tunes

Alan Cross
For Metro Canada



Even though the Halloween decorations still haven't been taken down, Christmas creep has begun.

It won't be long before we're smothered by Mariah Carey's All I Want for Christmas is You and The Christmas Shoes, the death-by-treacle classic. Past data suggests that both songs will be streamed on YouTube more than 1.75 million times between Nov. 1 and Dec. 31.

And then there are all the times the songs will be played on the radio, a situation exacerbated by the dozens of radio stations that change to an all-

Christmas format leading up to the end of the year.

On-air staff hate this time of year. Salespeople love it.

All-Christmas playlists bring in huge, huge ratings, especially for outlets that already have a reputation as being the "music at work" station in a given market.

The annual flip to Christmas almost always sees those stations rocket far, far past the competition. According to 2014 data from Nielsen, the average — average! — 24/7 Christmas music-playin' adult contemporary station saw a ratings jump by 81 per cent.

That massive (albeit temporary) ratings number is more than enough to help the station sustain revenues over the always challenging winter months. From a financial point of view, moving to an all-Christmas format is a no-brainer.

But timing is key. When should a station abandon its regular format for Christmas music 24/7? Mid-November? The day after Halloween? Earlier?

At least two stations have already made the flip. WEBC-AM 560, a Duluth sports station, and its FM companion, FM 106.5 (now branded Ho Ho Ho 106.5), went all-Christmas Oct. 7. Extreme, yes, but as of Sept. 25 — three full months before Christmas and before any of the trees started to turn — sister stations WENN 1320 and 100.1 FM in Birmingham, Ala., dropped their regular programming and went all-Christmas. Management promises to run this music commercial-free until Dec. 25.

Obviously if these stations can run without commercials for that long during one of the busiest times of the year, they're already in the ratings dumpster, so what does management have to lose? Come the end of the year, they might be running 1 and 2 in the market.

Two stations playing The Christmas Shoes in high rotation for nearly a 100 days? Be thankful you don't work there. After all, Alabama is an open-carry state.

October 31



November 1

What a difference a day makes for what's in heavy rotation on the radio. HANDOUT/GETTY IMAGES

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Bieber still a brat: Star storms offstage in Oslo

TANTRUM

Meltdowns continue as singer's fame only grows

Ned Ehrbar
Metro | Hollywood



For the second time in a week, Justin Bieber stormed off stage and ended a gig early, this time in Oslo, Norway during a show that was being taped for television.

One song into the gig, Bieber took a moment to try to mop up a spill at the front of the stage, but when audience members there wouldn't listen to him, he turned abruptly, whipped off his headset and left the stage, saying, "Never mind. I'm done, I'm not doing the show."

The crowd, obviously, was a bit confused. This is great, just great. What's also great? His apology on Instagram. Bieber — or, obviously, someone who works for Bieber — posted a lengthy mea culpa, and it's always entertaining when the pop star clearly doesn't write something himself.

You can tell because the grammar is pretty decent and it usually includes a little passive-aggressive Bieber-bashing: "Sadly it's been a rough week for me — long days, no sleep while having to be 'on,' as they would say, for cameras and fans," the post reads. "I don't always handle things the right way but I'm human and I'm working on getting better at responding not reacting."

There's a whole lot going on in there.



Justin Bieber apologized on Instagram after cancelling a show in Norway. ALL PHOTOS GETTY IMAGES

PETITION

Raven-Symone review

This might make you question the effectiveness of the whole online petitioning approach to things. A rep for ABC has responded to a Change.org petition signed by more than 120,000 people demanding that Raven-Symone be axed from The View following her comments about "ghetto" names and the Spring Valley High School assault incident.

"African Americans and black people around the Diaspora need a voice representative of their views and not a voice representative of what white people want us to say," the petition states. "We need strong black role models in prominent positions on television an Raven-Symone cannot provide that."

So what does ABC think of the complaint?

"We love Raven," a statement reads. "She is confident, genuine and opinionated, all qualities that make her a great addition to the panel."

I'm going to take that as a no.

NED EHRRBAR/METRO HOLLYWOOD



GOSSIP BRIEF

Boy George backtracks after kiss and tell

I honestly don't know what to believe with this one. While taping an episode of The Voice U.K., Boy George blurted out a juicy piece of '80s pop music gossip: "I've slept with Prince," he bragged to fellow judge Paloma Faith, according to the Sun, prompting producers to quickly halt the taping.

"We just couldn't believe what he had come out with — and the guys in the gallery were beside themselves. The crowd went absolutely wild because they thought they had just witnessed a massive celebrity exclusive," a source says.



"Production staff had to come up on stage and speak to them. After that Boy George started backtracking saying he hadn't really slept with Prince and that in reality he just had his poster on his wall. But as far as the crowd were concerned, the cat was already out of the bag." Oh my.

NED EHRRBAR/METRO HOLLYWOOD

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While many preliminary studies show curcumin has great promise, a major issue limiting its clinical use has been that it is not very well absorbed. When it comes to curcumin, therefore, it's not how much you take, but how much you absorb that matters.

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Azim Velji, Simply Health franchiser says it's important people know what options they have when it comes to health and Simply Health goes above and beyond what most health stores offer.

naturalfactors.com

"We offer free consultations in holistic nutrition, homeopathy, flower essence therapy, sports nutrition and weight management."

Eskis lock up first place

CFL
Edmonton ends regular-season sked winners of last eight games

It's a case of hurry up and wait for the Edmonton Eskimos.

Derel Walker reeled in three touchdown passes as the Eskimos completed their race through the second half of the season to secure first place overall in the CFL and a bye week before hosting the West Division final with a 40-22 victory over the Montreal Alouettes on Sunday.

The Eskimos (14-4) finished off regular-season play with eight consecutive wins for the first time in 33 years.

With a bye in the final week of the regular season, the Eskimos won't return to action until Nov. 22.

"It feels good being able to walk off the field knowing that we're the winningest team right now in the league and we won the division," said Eskimos head coach Chris Jones.

"Now it's time to take a few days off, rest our minds, rest our bodies, come back and make a run at this thing."

The Alouettes (6-11) were officially eliminated from playoff contention with the loss. It ended a run of 19 straight playoff appearances, the second-longest in CFL history.

"It's disappointing," said Montreal receiver B.J. Cunningham, who caught two TD passes. "We were hoping to get on a little



Derel Walker hauls in one of his three touchdown catches against the Alouettes on Sunday. JASON FRANSON/THE CANADIAN PRESS

playoff run and win this game and go on to the next one still alive. But we got stopped short. It's time to start building for next year."

Edmonton scored on its first two possessions, getting a 32-yard field goal from Sean Whyte before quarterback Mike Reilly found Walker for a six-yard touchdown pass. Walker passed 1,000 yards receiving earlier in

SUNDAY In Edmonton

40

22

ESKIMOS

ALOUETTES

the opening quarter and would go on to set a new rookie record for receptions.

"This is my first 1,000-yard sea-

son ever playing football," Walker said. "That's a great accomplishment for me. I'm very proud. And tonight I'm very proud of this team. It's been an exciting year for this organization and I'm just glad to be a part of it."

The Eskimos took the lead for good to start the fourth on a six-yard TD pass to Walker that made the score 26-22 following Whyte's extra point.

Walker scored his third touchdown of the game with nine minutes to play, hauling in a 28-yard pass.

Montreal was closing in, but Tanner Marsh fumbled just before the goal line, with Otha Foster recovering for the Eskimos in the end zone.

Edmonton added a last-minute three-yard TD run by Chad Simpson. THE CANADIAN PRESS

STANDINGS

	GP	W	L	T	Pt
West					
Edmonton	18	14	4	0	28
Calgary	17	13	4	0	26
B.C.	17	7	10	0	14
Winnipeg	17	5	12	0	10
Sask.	17	2	15	0	4
East					
Ottawa	17	11	6	0	22
Hamilton	17	10	7	0	20
Toronto	17	9	8	0	18
Montreal	17	6	11	0	12

WEEK 20

Winnipeg at Toronto
Hamilton at Ottawa
Calgary at B.C.
Saskatchewan at Montreal

Redblacks beat Ticats in kicking contest

Ottawa kicker Chris Milo hit all four field-goal attempts, and the visiting Redblacks moved into first place in the CFL East Division with a 12-6 win over the Hamilton Tiger-Cats on Sunday.

Ottawa (11-6) secured a home playoff game with the victory, and can wrap up first place in the division with a win at home against Hamilton next week. Should Hamilton (10-7) win that game, first place will be decided by the aggregate score of the head-to-head series.

Milo hit field goals from 35, 16, 24 and 30 yards. Hamilton kicker Justin Medlock hit both his field-goal attempts, from 45

SUNDAY In Hamilton

12

6

REDBLACKS

TIGER-CATS

and 18 yards.

Scoring was at a premium on a blustery day in front of 24,340 at Tim Hortons Field. There were no touchdowns in the game. Hamilton defensive back Brandon Stewart appeared to score on a pick-six off Henry Burris with 5:05 left to play, but it was called back on penalties.

THE CANADIAN PRESS



The Tiger-Cats' Craig Butler sacks Redblacks quarterback Henry Burris on Sunday. PETER POWELL/THE CANADIAN PRESS

IN BRIEF

Homan regains Masters title over Sweeting

Rachel Homan has taken back the Masters title.

Homan and her rink from Ottawa downed defending champion Val Sweeting 6-4 in the women's finals Sunday for her third Grand Slam of Curling Masters championship in the past four years.

Homan won the event in 2012 and 2013 before being knocked off in last year's semifinals by Sweeting, who went on to win the tournament with her Edmonton foursome.

Earlier in the day, Mike McEwen won the men's title with a 5-3 victory over Jim Cotter.

THE CANADIAN PRESS



Rachel Homan
GETTY IMAGES FILE

Price-less Habs top Jets

Tomas Fleischmann scored twice and added an assist to lead the Montreal Canadiens to a 5-1 win over the Winnipeg Jets on Sunday night at the Bell Centre.

Paul Byron, David Desharnais and Lars Eller also scored for the Canadiens (11-2-0), who remain unbeaten on home ice this season.

Chris Thorburn scored for Winnipeg (7-4-1).

Mike Condon made 18 saves in place of Carey Price, who will be out at least a week with a lower-body injury.

THE CANADIAN PRESS

Raptors improve to 3-0

Jonas Valanciunas scored 19 points and Patrick Patterson added 16 as the Raptors downed the Milwaukee Bucks 106-87 Sunday to extend Toronto's perfect start to the NBA season.

It's Toronto's first 3-0 run out of the blocks since 2008-09. Milwaukee, meanwhile, is winless in three.

The win moved Dwane Casey past Sam Mitchell for most victories (157) by a Raptors coach.

THE CANADIAN PRESS

RECIPE Coconut Lentil Soup



PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada



- 1 big handful of fresh spinach, sliced into ribbons
- Juice 1/2 lemon
- Salt and pepper to taste

This seductively aromatic recipe makes a big pot of soup. Bust out your Thermos and take it to work tomorrow!

Ready in
Prep time: 30 minutes
Serves 6

Ingredients

- 1 Tbsp olive oil
- 1 onion, diced
- 2 large carrots, peeled and diced
- 2 cloves of garlic, minced
- 1 Tbsp fresh ginger, minced
- 1 Tbsp curry powder
- 1/2 tsp each cinnamon and cumin
- 1/3 cup tomato paste
- 4 cups vegetable stock
- 3 cups water
- 1 can coconut milk
- 2 cups dried red lentils

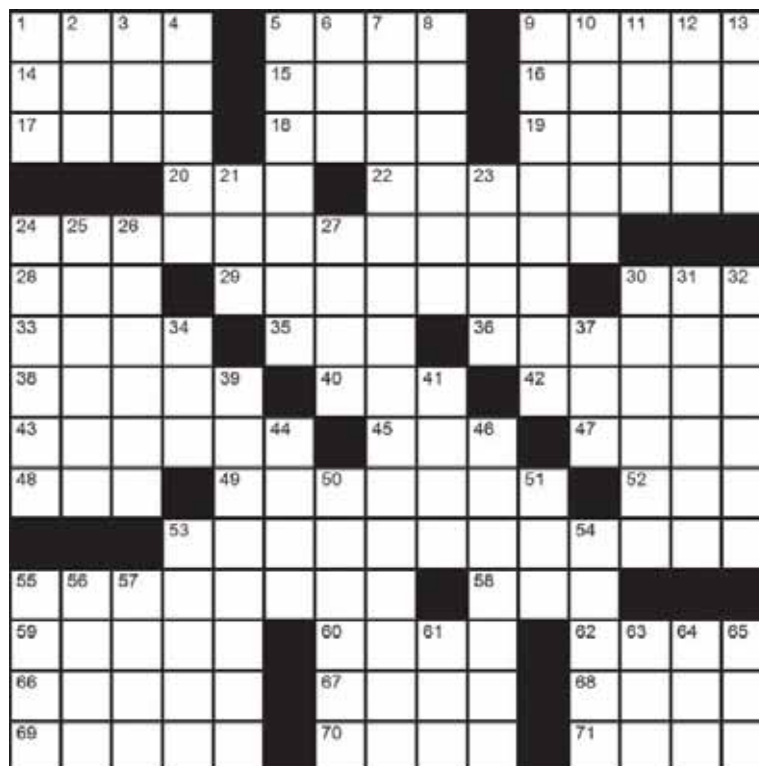
Directions

1. Heat oil in a big pot over medium heat. Add onions and carrots and cook until they begin to soften, about 3 minutes. Toss in garlic, ginger and spices. Stir and cook for another 3 minutes. Then add the tomato paste and stir again.
2. Pour in the stock, water, coconut milk and lentils. Give everything a good stir and let it simmer — not boil — for about 25 minutes. Taste to check that lentils are tender.
3. Throw in the spinach and stir it around until it just wilts. Add the lemon juice and taste before adjusting for salt and pepper.

FOR MORE MEAL IDEAS, VISIT
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS

1. Make the shoes shine
5. Slang-style smokes
9. ___ a good start (Things have begun well)
14. ___ Mountains (Range in Russia)
15. "...friend or ___?"
16. Not as confined
17. Tulip tune's Tim
18. John ___ (Lorna Doone's beloved in literature)
19. Wild
20. Naught
22. Friendly
24. Canadian action hero in comics during World War II: 2 wds.
28. Antacid brand
29. Lift
30. Lightning ___
33. Ms. Sofer the actress
35. Compass pt.
36. Major road
38. Signs
40. 24-hr. banker
42. Romantic material
43. President George Washington's wife
45. Fellows
47. Capital of Latvia
48. N n n N n
49. Emulates Alexander Graham Bell
52. Pick-up-sticks game
53. Victorian home music-maker: 2 wds.
55. Mardi Gras torch

58. Pallid
59. "Try" by Blue ___
60. Software test version
62. Partners for Tacs (Mint candies)
66. ___ squash
67. King of a tragic Shakespeare play
68. Bounce back

69. Cup: French
70. Nurse in Alice Munro short story The Love of a Good Woman
71. Existent

DOWN

1. Nothing ___ the best
2. One of Switzer-

- land's Four Forest Cantons
3. Autograph seeker
4. Actress, Lara ___ Boyle
5. Town called 'The Cornerstone of Saskatchewan'
6. "Don't mind ___

- do." (Thanks for the offer)
7. Royal anthem: 4 wds.
8. City in Arizona known for its red sandstone
9. Police people
10. "Super ___" by Rick James

11. "Phineas and ___"
12. Blue/green
13. Knight's heraldic wreath
21. 'Benedict' suffix
23. ___ piece of cake
24. Saint-___ (City leading into the Laurentians of Quebec)
25. Kind of band or show
26. Skills sharpeners
27. Pro wrestler, John ___
30. Eye part
31. Beginning
32. Bundle of energy
34. Army bug
37. Driveway's topping
39. Locale on a leg
41. Item given to the restaurant patrons
44. Gambler's input
46. Cruise ship attendant
50. Feasible
51. Fluffy white bathrobes establishment
53. Citizens in The States, briefly
54. Prefix with 'continental'
55. Campus house, e.g.
56. Ricky Martin's "Livin' La Vida ___"
57. Bustles
61. Mai ___ (Cocktail)
63. Fire and ___ (Robert Frost poem)
64. Dance style, when repeated
65. Pine-___ (Cleaning brand)

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You must be scrupulously honest. You stand to lose a lot if partners and business associates get the impression that you cannot be trusted.

Taurus April 21 - May 21
You may get upset and emotional about something today but later in the week it will baffle you as to why you lost control. In partnership situations try to give others the benefit of the doubt. They are not deliberately trying to annoy you.

Gemini May 22 - June 21
You may disagree with what certain people say or do but don't get worked up about it. They are hoping you will get angry so they can use it as an excuse to move against you.

Cancer June 22 - July 23
There are things you can do on your own and things that have to be done in partnership with other people. What happens today will draw a clear, thick line between the two and you ignore that line at your peril.

Leo July 24 - Aug. 23
What happens next will impact both your work and your home life. Don't let the pressure get to you. Stay calm and you will be one of life's winners.

Virgo Aug. 24 - Sept. 23
If you're feeling down the answer is to get busy on something that requires the full use of both your brain and your body. A social invitation may be tempting but it's not right for you, so give it a miss.

Libra Sept. 24 - Oct. 23
Keep a tight hold of your cash because the planets warn there will be a lot of temptations. If you go over the top financially now you could regret it, so be careful.

Scorpio Oct. 24 - Nov. 22
It is quite likely that your self-control will crack today and you will say or do something drastic. Don't hate yourself for losing your cool. Scorpios have feelings too.

Sagittarius Nov. 23 - Dec. 21
It may seem as if time is running out and that the harder you work the less you seem to complete. But is that such a big deal? It's quality work that counts. Do what you can and do it well.

Capricorn Dec. 22 - Jan. 20
Even friends and family will be touchy as the new week begins, don't overreact. Capricorn is such a self-controlled sign that it's unlikely you will go to extremes.

Aquarius Jan. 21 - Feb. 19
It may seem as if you are losing ground to your rivals but it isn't true, so don't panic. Cosmic activity in one of the more confrontational areas of your chart is making things look worse than they actually are.

Pisces Feb. 20 - March 20
Stick to the facts — if you make things up you will be found out and it will be embarrassing. You may have the gift of the gab at the moment but if you are smart you will not abuse it.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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AND I'M A CAD**

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A few simple steps can prevent carbon monoxide poisoning

Complete the following checklist to help **prevent** carbon monoxide in your home.

- ☐ Fuel-burning appliances (i.e. furnace, hot water heater, fireplace, natural gas range, etc.) checked by a qualified technician regularly according to manufacturers' specifications.
Last inspection (date): _____
- ☐ Furnace filter checked monthly and replaced (if necessary).
Date last replaced: _____
- ☐ Indoor and outdoor vents and chimneys cleared of debris, snow and ice (if necessary).
- ☐ Area around fuel-burning appliances clutter free.
- ☐ Flame of all natural gas appliances checked regularly (it should be blue).
- ☐ Adequate air supply (nearby window opened) when using a wood-burning fireplace.
- ☐ Vehicles never idled in garage, even with the overhead door open.

Complete the following checklist to **detect** carbon monoxide in your home.

- ☐ CO detector(s) installed and maintained according to manufacturer's instructions.
- ☐ Expiry date written on CO detector(s) with a marker.
Date of expiry: _____
- ☐ CO detector(s) battery replaced annually, if applicable.
- ☐ CO detector(s) vacuumed monthly.

Visit **ATCOGas.com** for more information and to download the checklist.



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